

# Cook I

---

## *Job description*

Prepares assigned food items by methods/procedures such as roasting, frying, grilling, steaming, poaching, boiling and baking under the direction of a senior cook. Washes and scrubs pots, pans, and related accessories

Ensures safety practices are adhered to.

## DUTIES

- Prepares assigned food items by following established menus, recipes and quantity quotas, determining ingredients and quantities required, and assembling ingredients and equipment required for cooking
- Plans preparation and cooking schedule
- Cooks and seasons assigned food and therapeutic diet items such as soups, sauces, salads, starches, meats, fish, poultry, vegetables, and desserts by methods/procedures such as roasting, frying, grilling, steaming, poaching, boiling, baking; tests food items for palatability and temperature and adjusts accordingly
- Carves food items such as meat and poultry and controls portioning of food items to ensure recipe yield meets assigned quantity quotas
- Maintains established food rotations in storage in order to minimize spoilage and waste
- Washes, scrubs, rinses and dries dishes, pots, pans and related accessories
- Washes floors, walls and ceilings in the kitchen areas; cleans ovens
- Performs quality assurance audits as assigned, such as measuring and recording temperatures at various stages of food preparation and serving
- Receives and puts away deliveries, and reports discrepancies
- Reports unsafe or faulty equipment
- Performs other related duties as assigned

## QUALIFICATIONS

### **Education, Training and Experience**

Graduation from a recognized 12 month program in cooking or an equivalent combination of education, training and experience

### **Skills and Abilities**

- Ability to communicate effectively both verbally and in writing
- Ability to deal with others effectively
- Physical ability to carry out the duties of the position
- Ability to organize work
- Ability to operate related equipment

Part-time hours: 20 hours per week

Job Types: Part-time, Casual

Salary: \$23.81 per hour