



Victoria Chinatown Care Centre

Family Council Meeting Minutes -June 22-2022

Purpose of Meeting: Regular Quarterly Meeting

In Attendance: In Zoom - Louise Lam, Peter Yu, Bill Lum, Dan Chan, Fay Lee, Janice Bentley, Larry Lee, Paul Lim, Sunny Leong, Wendy Leung, Rewena Ko, Kate Corbett, Andrew MacDonald, LowellAnn Fuglsang

1. Rowena welcomed everyone, explaining that we should be meeting in July but wanted to free up member's time for summer vacation.

2. Introductions:

- . Our new Care Centre Director Kate Corbett;
- . New Council Members: Fay Lee, Wendy Leung and Paul Lim

3. Additions to the Agenda

- a. Rapid Testing and CO Plan - going back to normal
- b. Newsletter Follow Up
- c. Meals
- d. Heat Wave - how it will be addressed.

4. New Director Comments

Kate summarized her background and spoke about Andrew's new role as Clinical Resource Nurse.

5. Mission, Vision, Values and Goals

These have been circulated and posted because we want everyone to be aware of how we want our residents to live here in comfort. How can we create a home-life atmosphere for residents?

Suggestions were: more activities, more family around, posters of grandchildren, get residents walking and moving, visits to the garden, plants in their room, magazines, painting and creating activities, get their minds active, some outside entertainment.

What about aging in place? Families are new to long term care. They need information and education about how aging and dementia work, what to expect over time. Support groups are effective.



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How should we honour and acknowledge residents who have passed on?
How do we acknowledge bereavement at the centre? It was suggested that residents might want to avoid pictures or shrines. Suggested using the newsletter to post an announcement for the community. Important to talk to residents about someone passing and giving them an opportunity to grieve.

6. **Visitor Policy**

There have been no changes in the policy recently. We are still asking families to email and make a visit appointment. Rapid testing is required three times per week. We can supply test kits. When entering, you change mask, cleanse your hands and answer the questions. We will try to accommodate more than one visitor in the room, but that will depend on the numbers of people in the building.

7. **Garden Update**

We are hoping that the garden can be used for group visiting. We have some volunteers and Tyler coming this weekend to clean up the garden. Going forward, the garden will be maintained by volunteers.

8. **COVID 19 Boosters**

There were twelve residents who received their second booster here at the centre. Sometime in July, those who experienced COVID will now get theirs. We will take all the precautions and monitoring as we did before. We will connect with the families beforehand to ensure agreement.

9. **Tub Room Tour**

Pictures of the new tub and HCWs who provide weekly baths were shared.



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10. Kitchen Update

All cook shifts are covered now. Two casual cooks have been hired. We have a back-up plan if we don't have cooks in the future. When we were stuck, we ordered the food from a kitchen elsewhere. Ben our Head Cook is asking the Family Council if they know of any cooks that would like some extra hours that we could call on. Send us the information if you know of someone. It was suggested that the vegetables coming out in meals are hard to eat.

11. Activities and Volunteers

Our Activity Worker Amelia works with residents on Monday, Wednesday and Thursday. They are painting, planting and stretching. Our music therapist Lesley, is usually here Tuesday and Friday. We are organizing several of our former volunteers to return soon.

12. Physiotherapy

Eric Lowe and Thomas Zhou will be available for one-on-one visits if anyone would like to arrange some private physio for their families. In future, we hope to set up a program with them.

13. Social Worker

We have a new part time social worker Susan Ko, who will facilitate families and staff with resources in the community.

14. Commonly Asked Questions

Andrew compiled a list of questions that get asked often. Rowena will send the document to members and we will post it on the website as well.

15. Hot Weather Plans

We have received instructions from Island Health. When it's hot, we bring



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all the residents downstairs because the bottom floor is the coolest. We have portable air conditioners and extra fans available. We pay close attention to hydration and adding foods that are high in liquid. There will be discussion with staff about what to look for and how to ensure all residents are as safe and comfortable as possible.

16.A Question

Does the centre try to observe special Chinese holidays in the menu? Yes, Ben does try to. Your suggestions are welcome.

17.**Adjournment** - Next meeting date suggestion: September 28th